Virtue in Action Activity

☐ I can identify areas in their own lives that require them to act with courage.

Elizabeth Eckford showed courage in her willingness to join a group of young people who volunteered to desegregate their local high school, knowing it would come at a great personal cost. This display of courage took place at a pivotal moment in U.S. history on a national stage, but courage can also take place in smaller ways in daily life.

1. Create a list of things in your daily life that require courage.

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2. Circle one item in your list to explore further.

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3. Why must you show courage to do this task?

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4. Using the example of Elizabeth Eckford as your guide, how can you motivate or challenge yourself to have courage in completing this task?

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